

THE HISTORY OF THE ASSOCIATION

A group of Core Process psychotherapists, including Karuna staff, originally met together in March 2001. Maura Sills advised that there was a need to revise the re-accreditation process to comply with UKCP guidelines and it was put forward that a professional association made up of CPP practitioners could take on this role. There was unanimous support for forming an association and taking on re-accreditation as well as a range of other goals. Working parties were set up at this meeting to look at re-accreditation and organisational structures for the association. After that initial meeting, ACPP has continued to meet as a professional association at least 3 times a year.

It was decided that the association should be named the Association of Core Process Psychotherapists (ACPP). A vision statement was proposed and accepted, the organisational structure was discussed, including incorporation, and a web discussion group was set up for full members. The re-accreditation committee took on responsibility for the re-accreditation process and continues to refine and develop it as UKCP requirements change.

When the Association was formed, a basic structure was created. The first honorary officers, Chair, Vice-Chair, Treasurer and Secretary, were voted into post at the initial AGM in July 2002 and collectively became the executive committee. The executive committee was enlarged in 2004 in response to the Association's growing workload and now comprises up to 12 members. At the first AGM the funding of the Association was discussed, and it was agreed that for accredited members a membership fee would be added to the annual UKCP registration fee. The membership fee for associate members has been set at half the full fee.

ACPP's constitution was drawn up by the executive committee and was ratified at the AGM in 2003. Subsequently the relationship between the Karuna Institute and the Association was legally formalised and a Professional Services Contract was put in place, delegating to ACPP the tasks of re-registration and re-accreditation. ACPP's work in these areas is monitored by the Professional Standards Committee, on which both the Karuna Institute and ACPP are represented. ACPP also takes an equal part with the Karuna Institute in the committees that deal with practice issues, i.e. the Clinical Support and Supervision Committee and the Ethics Committee.