

Association of Core Process Psychotherapists REPORT TO THE ANNUAL GENERAL MEETING



Saturday 16th OCTOBER 2021

2 – 3:45pm (British Summer Time)

Online via Zoom

Dear Colleagues

I am pleased to send you our annual report.

1. CHAIR'S REPORT

CURRENT MANAGEMENT COMMITTEE (ACPP DIRECTORS):

Chair	Garth Naudé (Outgoing)
Vice Chair	Mark Hunt (Outgoing)
Treasurer	Tony Davids
Secretary	Katharine Rider
Chair of Reaccreditation	Jane Sanders (Outgoing)
Chair of Membership	Bernadette O'Brien
IT Director	Rosswell Gadsden
Outreach Officer	Susan Groves
Company Secretary	Garth Naudé (Outgoing)

CURRENT ACPP SUB-COMMITTEES (INCL. SUB-COMMITTEE CHAIRS/ACPP MEMBERS):

Ethics Equality and Diversity Committee (EEDC) (subject to AGM ratification):

Co-Chair of EEDC: Helen Cross
Co-Chair of EEDC: Syed Azmatullah
Mark Wright
Flora Winchester
Jenny Colls
Annette Knowles
Veronica Howard (new member)
Bethan Elsdale (new member)

Leavers: Sean Maloney, Karenza-Monica Case

Reaccreditation Team:

Consultant to the Chair of Reaccreditation: Kay Parkinson (Outgoing)
Reaccreditation Readers & Writers

Supervision Panel:

Chair: Ken Blythin
Yvonne Parkins

Coretalk Moderator(s):

Yvonne Parkins
Anita Withers
Rosswell Gadsden

ACPP Administrator

Anita Withers

This is my final report to the membership as ACPP Chair and Company Secretary. I first joined the Management Committee in 2016. My time on the Committee over the years has been a valuable personal and professional experience. Looking back, there have also been significant changes during this time, both within our Association and the Core Process training, as well as nationally and globally.

In 2017, the ACPP successfully proceeded to become a Limited Company by Guarantee and achieved independent membership of UKCP as an Organisational Member with Listing status. This was followed by achieving UKCP Accrediting status in 2020. It feels rewarding and gratifying to have had a role in ACPP's evolution and maturation as an organisation. It is also interesting to note that initial preparations/discussions for these changes began as far back as 2014, when we were looking ahead at ways to ensure our sustainability and become more outward facing. There is a welcome sense of being a part of the Core Process tradition that has been held and built upon by the work of successive Chairs and Committee members with the involvement of our membership.

During this time, our modality has also been in a period of great transition with the winding down of the intakes at the Karuna Institute on Dartmoor and the establishment of the Bristol Core Process Psychotherapy training in 2019, which has generated a lot of interest and demand. Inevitably, questions and processes have arisen around how we as an Association adapt and respond to this.

These changes have all taken place against the wider backdrop of the Covid-19 pandemic and our ongoing adaptation to this, alongside the increasingly urgent need to address issues around inclusion and diversity as well as global heating and climate change. No doubt the impact of this continues to be felt within our own more immediate personal relationships, including those with our clients in the therapy room. It reminds me once again of the importance of community, the inevitability of change and the interconnectedness of all things.

I have participated in Management Committee work in several roles over the years, first as Secretary, then Vice Chair and finally ACPP Chair, while holding the role of Company Secretary. This has given me an opportunity to view the internal workings of our organisation through different lenses and to participate wearing a few different 'hats'. It has given me an insight into what it involves keeping an organisation such as ours running and flourishing, and especially the value of members being willing to contribute their time as volunteers. I am aware that much of the work predominantly takes place behind the scenes and so I would like to take this opportunity to express my heartfelt appreciation to all the Association's Committee members – all named at the start of this document - and to our stalwart and excellent Administrator, Anita Withers.

It has been a great pleasure working for ACPP and I am deeply grateful for all the hard work and commitment that everyone on the various Committees has shown. This commitment to the running and development of our organisation on behalf of all of us is essential to the sustainability of our Association.

Finally, it is useful to note that the overall size of our membership has grown from around 207 members in 2016 to 252 in 2021, despite members retiring or a handful passing on or not renewing their ACPP membership. This growth is due to a number of factors. It is partly the result of ACPP widening its membership categories to include overseas members and Students and Trainees from the Karuna Institute. It is also dependent upon the CPP training(s) continuing to run and attract new students, who then become (and hopefully remain) ACPP members. My particular thanks here go out to Siobhán McGee and Jonny White for their work in taking the Bristol training forward, and of course to Maura Sills in her role as Director of the Karuna Institute and founder of the Core Process Psychotherapy training. It will be interesting to see what future impact ACPP becoming an Accrediting Organisation has on this growth.

1.1 CHAIR/MANAGEMENT COMMITTEE ACTIVITIES

As ACPP Chair, I have continued to hold and fulfil the required tasks and responsibilities of the role. This includes:

- ensuring that the Management Committee (comprised of the Association's Directors) functions properly and effectively and that all relevant matters are discussed and that decisions are made and carried out;
- ensuring that the Association is well informed and up to date with all relevant legislation and UKCP/HIPC procedures relating to clinical practice;
- liaising with a number of stakeholders, including UKCP, HIPC, Karuna Institute, ACPP's various directors and Chairs of Sub-Committees and our members.

I am pleased to say that we have again had a full Management Committee this year which has helped spread the workload, and I am especially grateful to everyone on this Committee for their contributions and support.

The Management Committee continued to meet online at meetings held on 16th January 2021, 27th March 2021 and 26th June 2021 until returning to an in person meeting on 11th September 2021. There was unanimous agreement by all present of the value of being able to meet again in person because of the quality of embodied presence that it offered.

1.2 ASSOCIATION ACTIVITIES

As an Association, we continue to process membership renewals and hold the reaccreditation process for members wishing to remain on the UKCP Register, ensuring that this process runs smoothly and adheres to UKCP, HIPC and ACPP requirements and quality standards. This comprises a large proportion of the Association's activities and resources. It has been supported by the move to online membership renewals last year, which have improved efficiency, provided cost savings and reduced the impact upon the environment through reducing paper use.

The Association remains financially solvent, with a healthy bank balance, partly because of having to move meetings and events online, providing cost savings to the Association. Related to this, and given the financial hardships incurred by many during the pandemic, a decision was also made for the Association not to increase its membership fees for the fifth year in a row (the last increase was in 2016).

We ran a CPD event entitled "The Mythic Aspects of the Birth Journey", with Matthew Appleton on 21st November 2020, which was recorded and later streamed for members. This was extremely well attended, and the feedback was very positive across the board.

Other highlights of the Association's activities over the year include:

- Attending regular meetings with the Humanistic Integrative and Psychotherapy College of UKCP
- Holding the application to become an Accrediting Organisation (see below)
- Updating our guidelines around producing a Professional Will
- Reviewing and updating our Environment Policy, along with writing a new Environment Statement for inclusion in the next version of our Members' Handbook
- Considering and engaging with issues around diversity and inclusivity, which led to the decision to run the forthcoming CPD workshop entitled "Two Lenses into Diversity and Inclusivity"
- Continuing discussions around developing CPD, and ways of engaging members with this
- Reviewing policies around disclosure of complaints and criminal convictions in line with UKCP guidelines and best practice
- Supporting members subject to a complaint
- Reviewing and updating our Return to Practice policy in response to best practice guidelines from UKCP, and clarifying our own procedures around this as an Accrediting Organisation with UKCP and Karuna
- Producing an ACPP Newsletter in the spring, inviting contributions and reflections from membership along with an update from the Management Committee, which was very well received
- Processing applications for inclusion on ACPP's and HIPC's Directory of Supervisors
- Overseeing and moderating Coretalk, ACPP's online discussion forum.

Further information about these activities will be outlined in the various reports below from Directors and Sub-Committee Chairs.

1.3 ACCREDITING ORGANISATION APPLICATION

I am pleased to report that the formal approval from UKCP/HIPC for our application to become an Accrediting Organisation came through late 2020. Unfortunately, when we started to implement procedures, we discovered that the proposed changes to our Articles of Association (agreed at the 2019 AGM in preparation) were no longer valid. This was because of the delay between the original ratification and implementation of those changes, as per Companies House regulations. Furthermore, any changes to our Articles must be approved by “special resolution”, meaning that they will need to be approved by 75% of members at a formal meeting of the Association. It was subsequently agreed to take this to the 2021 October AGM. This means that while we have been able to take on the full responsibility of processing the Return to Practice procedures from Karuna, we have not been able to implement UKCP re-registration for potential Accredited members who did not train at the Karuna Institute. It is anticipated that this process will go ‘live’ around early December 2021.

1.4 ORGANISATIONAL MEMBER REVIEW (OMR)

We were recently contacted by the UKCP/HIPC informing us that our Organisational Member Review is due to take place in the first quarter of 2022. These reviews take place every 5 years and are joint undertakings between ACPP, UKCP and our modality college i.e., HIPC.

The purpose of the Review is to ensure that UKCP/HIPC standards and requirements are being met and maintained. The UKCP Regulation team and the HIPC Training Standards Committee will scrutinise ACPP’s documents, policies and procedures. The Review will also include a visit with the Management Committee, selected Sub-Committee Chairs and potentially some non-Committee members from a review team comprised of two assessors appointed by HIPC, and a UKCP representative from the Regulation and Quality Assurance team.

Fortunately, we are confident that most of our policies and procedures are up to date, having successfully recently undergone applications to become a Listing and then an Accrediting Organisation with UKCP. Preparations for this are now underway.

1.5 COMMITTEE MEMBERS STANDING DOWN/STANDING FOR ELECTION

ACPP Chair/Vice Chair/Company Secretary

As previously mentioned, I am standing down as both ACPP Chair and Company Secretary at this year's AGM. However, I am pleased to announce that Mark Hunt, currently ACPP's Vice Chair, is standing for election as ACPP Chair. This has enabled a smooth handover. Mark has been on the Management Committee since 2019. In addition to running his own private practice as a psychotherapist, he has considerable experience in business consultancy, working as a teacher and coach, and offering mentoring support to children, young people and their parents or carers with a focus on education and related issues. I have appreciated his support over the years and am confident that the Association will be in good hands should his appointment be formally ratified at this year's AGM.

This means that the Association is looking for a new **Vice Chair**. The Vice Chair sits as a director on ACPP's Management Committee and involves supporting the ACPP Chair in decision-making processes. S/he also serves as back-up should the Chair be unexpectedly indisposed (supported by the Management Committee and the ACPP Administrator). There is no expectation that the person holding this role stands for ACPP Chair as/when the current Chair stands down. The role is open to anyone who is currently or has previously been on the UKCP Register as an accredited psychotherapist and is one of the few that doesn't have a defined role description, so there is more scope for development. As with other roles, this is eligible for an annual honorarium (subject to members' approval) and counts towards CPD hours. Please contact either me or Mark Hunt on chair@acpponline.net should you be interested in standing for this role.

I am also pleased to report that Tony Davids has agreed to stand for Company Secretary on an interim basis, in addition to continuing to hold the role of Treasurer, with Anita's administrative support. I know that the role will be well held between them.

Reaccreditation Chair/Reaccreditation Consultant

It is with regret that I inform you that Jane Sanders is formally stepping down as Reaccreditation Chair at this year's AGM. Jane has stood on the ACPP Management Committee for two years, after previously holding the role of Reaccreditation Consultant. She has held this role with skill and integrity, and I am grateful to her for her contributions and hard work on behalf of the Association.

I am pleased to announce that Kay Parkinson has stepped forward to take on the role, after a handover from Jane at the start of the autumn. Kay served previously as Consultant to Reaccreditation Chair and so already has some knowledge of the processes around this. I know that she will hold the role with care. She will be ably supported in the role by Patricia Taddei as Reaccreditation Consultant. Patricia held the role of Reaccreditation Chair a few years ago and so I would like to extend a warm welcome to her, along with thanks for returning to support the Association in this way.

In summary, the following Committee members are standing down/standing for election this year:

Garth Naudé is standing down as ACPP Chair and Company Secretary

Mark Hunt is standing down as Vice Chair, and standing for ACPP Chair

Tony Davids is standing for Company Secretary

Jane Sanders is standing down as Chair of Reaccreditation

Kay Parkinson is standing down as Reaccreditation Consultant, and standing for Chair of Reaccreditation

All other Committee Members will be staying in post for the forthcoming year, as is our Administrator, Anita Withers.

1.6 INVOLVEMENT IN COMMITTEES

ACPP relies on members standing forward to hold roles and provide support to ensure the smooth running and sustainability of our organisation, so please do step forward if you're interested. Working on one of our committees is a great way of connecting with our community and counts towards your CPD hours. Accredited members can also step forward to be on the Management Committee as a Director without Portfolio, as a way of contributing towards the running of the Association without holding a formalised role. Anyone standing to become one of the Association's Directors and/or a Committee Chair or Consultant is also eligible for an annual honorarium if approved by membership.

Garth Naudé
ACPP Chair and Company Secretary (Outgoing)

2. VICE CHAIR'S REPORT

The highlight of my year was meeting the ACPP Management Committee in person for the first time in September this year at Windmill City Farm in Bristol, a rural sanctuary in the urban centre of Bristol. It was wonderful to be in the room with everybody, if a little disorienting after a long period of Zoom-only contact.

This year has carried on in the same vein as the previous, with me familiarising myself more with learning about the ACPP from the inside. I have played a more active role in arising issues, which has provided an opportunity to understand more about members and the challenges they encounter, and to benefit from the wisdom of the more experienced members of the committee.

I have continued to attend meetings of the Humanistic and Integrative Psychotherapy College (HIPC), which provides contact with the UKCP and the other Organisational Members, of which there are about 30. I also sat on the accreditation panel at Karuna this year, which gave me a perspective on the training, and reminded me of how much wisdom, commitment and relationship there is in the holding. The last time I attended an accreditation meeting, it was my own! It was a privilege and delight to meet the many students completing their training.

Last year, we surveyed the membership about CPD and established a CPD sub-committee. We organised one event last year, The Mythic Aspects of the Birth Journey, with Matthew Appleton. We had over 140 people subscribe, both members and non-members, and the feedback was very positive across the board. In my role as Chair next year (should this be ratified), I will continue with a commitment to CPD, working with the sub-committee. I also see CPD as an opportunity for contact in the community. I will provide an update on this at the AGM.

To prepare for taking on the Chair role, I have been digging a little deeper into understanding ACPP's policies and processes, which is timely as we have an Organisational Member Review in 2022, which will be a key focus for me and the committee.

It has been a pleasure to be involved with the ACPP and to have opportunities to connect with members. I am very much looking forward to my role as Chair and appreciate the support I have received from Garth and the Management Committee.

MARK HUNT
VICE CHAIR (OUTGOING)

3. CHAIR OF MEMBERSHIP REPORT

This is my first report as ACPP Chair of Membership since taking over from Sue Baxter in January of this year. Learning the ropes for this new role has been interesting and I have been expertly helped and enabled by Anita our Administrator, Garth, and the rest of the Committee. Thank you to all whilst I learn this new language!

Anita and I have been busy liaising with UKCP around due process regarding matters of membership, as well as upgrading this year's Trainee Graduates who have accredited through the Karuna Institute and are now Full Members. Welcome everyone!

It feels as if the membership is in a very healthy state and growing in numbers. We currently have 262 members, 38 of whom are Trainees. We would like to encourage more to join at the Student level of Membership, especially as this category is free.

With the new training well under way in Bristol, and as ACPP becomes an Accrediting Organisation we can expect to see new growth. We have already had several enquiries from therapists who have not trained at the Karuna Institute, and we will soon be able to offer them the opportunity to re-register through ACPP, providing they meet the criteria and are already UKCP registered.

The recent streamlining of the online membership renewal process is working smoothly and some of the teething problems of last year have now being ironed out. Many members have reported how simple, quick and easy it is to renew online. This is good for our members and for administration as it means we have less late renewals. Please note that the late fee for renewals paid after 30th September has been raised from £20 to £40 to cover the administration costs. If renewing online is a problem for any reason, Rosswell is willing to help with any technical problems, and if you need to renew by post, Anita can guide you through that process. Please remember that Anita works part time so it may take a few days for either Anita or myself to reply to any queries.

If you haven't already, please do update your profile on the Find a Therapist / Supervisor pages. We warmly encourage you to add your photo next to your name. From a marketing point of view, prospective clients are more likely to contact you if they can see your image, and it makes the page on the website look more fulsome and complete. If you have difficulty uploading your photo, please contact Rosswell who will be able to help you.

Membership Update (at time of writing).

Congratulations and a warm welcome to our newly accredited members:

Sandra Lloyd Williams

Sarah Sweet

Robin Kendall

Helen Armstrong

Joanna Bleau

Margot Clayton

Marja Vanhala

Neil Cadwallader

Sarah Frances

Duncan Reid

James Scurry

Tanya Meschko

Robert Wolk

David Cornwell

Stephanie Verhoeven

Cathy Kasterine

Roland Oliver

Retired/Retiring this year from practice:

Alison Weller

Judith Rawlings

Cathie Wright

Bernadette O'Brien

Chair of Membership

4. REACCREDITATION REPORT

We have now completed another round of Reaccreditation with 31 ACPP members completing the process. Invitation letters have also recently been sent for 2022 so the next round is under way. Thanks so much to all our readers, to my consultant who was Kay Parkinson and to Anita Withers who holds the administrative side of things so well.

I am stepping down after two years of holding the Chair of Reaccreditation role. Kay Parkinson will be moving from her role as Consultant to taking on the Chair role with support from Patricia Taddei. It's worth saying that in two years' time we will need another Reaccreditation Chair as Patricia will not be stepping into that role. If this is something you might consider but would like to shadow Kay as Consultant then do let us know as that's quite a good way in. This would mean stepping into the role of Consultant in 2023.

Here are a few things that have become part of the 'new normal'.

1. **Use of meeting online.** During the coronavirus pandemic we trialed allowing online peer group meetings or allowing a 'hybrid' option with one person beaming in on Zoom to an in-person meeting. The feedback from this was whilst it's not the same, on a practical level it allowed people to fulfil the requirement of 'externality' (finding people outside their local peer groups) more easily and made the whole process more carbon neutral. We will be continuing this option for now.
2. **Changes to final letter writing:** thanks to all the readers who willingly took on adding in a few lines of feedback to be included in the final letter. This worked well and will be continued in the next round.
3. **UKCP changes re pre-retirement option:** The UKCP have instituted a new pre-retirement add-on which offers those planning to retire in 2 years' time exemption from random audits and reaccreditation requirements, and a lower membership fee. After discussion at the Management Committee meeting in January 2021, it was agreed that ACPP will not offer a similar category or a lower membership fee to members in this position because:- the Chair of Reaccreditation is required to review and sign off the application on behalf of UKCP, which creates additional work and administrative costs for the Reaccreditation Chair and ACPP; ACPP's membership fees are already competitively priced and significantly lower than UKCP's; ACPP benefits remain for members in their final 2 years of practice and finally, the member in this category will make financial savings because of a reduced UKCP membership fee and not needing to reaccredit.

Jane Sanders,
Chair of Reaccreditation (Outgoing)

5. TREASURER'S REPORT

Two years ago, when I first came on board as Treasurer and as part of our becoming an Accrediting Organisation, we developed a business plan for the ACPP. In that plan we needed to ensure that the ACPP would be financially viable for at least the next 5 years. It also provided the organisation with some boundaries on how our finances should be managed.

We have now completed the second year of the proposed budget. I am pleased to report that we have achieved a greater surplus than was originally budgeted.

Given below is a short analysis of the major items in the accounts and the full accounts to 31st March 2021 are attached to this report. Once again, many thanks to Anita our administrator for all the work she has put into this and for her continued support over the past year.

Income from memberships: **£28,074** (2020- £24,349) which includes 17 newly accredited members joining.

Members re-accrediting: **£4,960** (2020- £7,360).

CPD event: £1,280 (2020- £nil). It is the intention of the Association to organise more CPD events in the future.

Expenditure decreased by just over £5,000 in the year to **£23,097** (2020- £28,245). This was primarily due to the decrease in the costs of running the Association during the pandemic by conducting the committee meetings online. A full breakdown of the expenditure can be seen in the attached accounts.

The bottom line is that ACPP achieved a surplus of **£11,377** (2020 - £4,724) compared to a budget of **£7,275**. We are therefore continuing to head in the right direction to ensure that the ACPP remains financially viable for the foreseeable future and with this financial stability we can be more creative in supporting the membership.

The Balance Sheet. I apologise for the technical jargon, but a balance sheet is a snapshot of the Association's position as of 31st March 2021. This shows a healthy position with **£31,502** of 'net assets', basically our free reserves, and bank account balances of **£46,570**. The reason for the difference between our 'net assets' and our bank account balance is that allowance has been made for known future expenses such as admin costs, also within the bank balance there is income of £11,869 that refers to membership income for 2022. The Management Committee has also designated £7,000 of our free reserves as a fund in case the ACPP needs to be wound up. This is precautionary measure and hopefully won't be needed.

Honorariums

One of the Association's main expenses is the customary honorarium paid to its office holders. In many organisations, ours included, it is customary that an honorarium be offered to office holders as a 'thank you' from the membership. A potential honorarium may also hopefully act as an incentive to those who may be considering becoming an office holder.

To establish some boundaries around the potential offering of honorariums the Management Committee established an honorarium policy that was endorsed by the ACPP membership at the 2020 AGM. This policy ensures that any potential honorarium, if agreed, does not put the organisation under any financial pressure.

As has been hopefully demonstrated the financial stability of the organisation is strengthening, with costs being controlled and new initiatives being considered. Therefore, in accordance with the honorarium policy I present to the membership the proposed honorariums for 2021 for the membership's consideration and approval.

Finally, I would like to express my thanks to the committee for their flexibility and cost-saving efforts. Not only have meetings been conducted online, saving money, it has also had the environmental impact of reducing the Association's carbon footprint, something of a beneficial side effect, but a welcome one. The downside of course, was not being able to meet face-to-face with all the benefits that this entails.

Tony Davids
Treasurer

6. CHAIR OF ETHICS, EQUALITY AND DIVERSITY (EEDC) REPORT

6.1 EEDC Meeting Dates 2020-2021

Following the AGM of 2020, it was agreed that the EEDC would meet three times a year, currently online. These were on 11th December 2020, 20th May 2021 & 27th September 2021.

6.2 Complaints regarding Supervisors

UKCP holds responsibility for the complaints process regarding therapists and intends to extend this role to include complaint process regarding supervisors. Originally this was expected to come into effect this autumn, but UKCP has placed this on hold as processes are not ready. Therefore, for the time being EEDC processes will be followed if necessary.

6.3 Retention of notes after the death of the Therapist

Following discussion regarding policy on the retention of notes after the death of the therapist the advice is summarised as: check with your insurance company; possibly consider storage in a commercial medical archive.

6.4 Criminal Convictions Policy – update

EEDC were asked to clarify whether policy wording at membership application/renewal needs any alteration. Questions had arisen around police cautions (which were not previously mentioned in UKCP or ACPP documentation), about whether there is a need for declaration of convictions that are spent and the issue of convictions which can't be spent (e.g., sex offenders).

EEDC recommended that the application form should mirror the wording of UKCP as we see no reason why ACPP should ask additional questions.

6.5 Covid vaccination – potential issues arising

There was some discussion about the potential for discrimination around Covid vaccination and testing as restrictions are eased and face-to-face work resumes more widely. The consensus was that these are matters of individual choice and personal conscience and it would not be appropriate for EEDC to comment further. At the present time, ACPP/UKCP have made no recommendations in this area other than advising members to conduct their own risk assessments and act accordingly.

6.6 Future work of EEDC

Now that there is likely to be less work around complaints, the EEDC discussed how it might expand the exploration of ethical issues:

- Where can ACPP (EEDC) make a difference, and how?
- Is there anything we need to explore in relation to diversity and the many ways this can manifest?

A Diversity CPD will be offered at the AGM. Spirituality matters will be considered within diversity and inclusion discussions.

A new coalition of organisations, including UKCP and BACP, has been formed to explore the whole issue of diversity and inclusion in therapy training.

6.7 Preparation for External Moderator Review and OMR

The EEDC has invited the External Moderator to the September 2021 meeting. We are also considering our activities for preparing for the OMR.

6.8 Membership renewals on-line: resets required

An unexpected issue arose in the online membership renewal process regarding the self-declaration of complaints or criminal convictions. Several members selected the 'yes' option in error, causing their application to be frozen and referred to the EEDC. Options to reduce the likelihood of this are being explored.

6.9 Support for members subject to a complaint

EEDC Committee members continue to be available for ACPP members who are the subject of a complaint in accordance with our internal processes. Such support has been appreciated this year.

Syed Azmatullah/Helen Cross
EEDC Co-Chairs

7. SUPERVISION

7.1 The Supervision Panel currently comprises Ken Blythin and Yvonne Parkins. There are two formal categories of UKCP/HIPC Supervisor: a Recognised Supervisor (RS) and a Recognised Training Supervisor (RTS). Over the last twelve months Ken and Yvonne have processed several applications from ACPP members for recognition as RS and/or RTS. In my capacity as Chair of HIPC Training Standards Committee, I can advise that UKCP have stated their intention to introduce regulation of supervision, but the terms of this initiative have not yet been defined.

Ken Blythin
Chair of Supervision Panel

7.2 Mindfulness-Based Supervision Training

The Mindfulness-Based Supervision Training is being delivered online during September and December 2021, and April 2022. In addition, the Karuna Institute is running a Training in Mindfulness-Based Core Process Contemplative Supervision in March and May 2022.

7.3 Update from organisers of UKCP/ACPP Recognised Supervisors (RS) and Recognised Training Supervisors (RTS) Meetings

Karuna Training and UKCP/ACPP Recognised Supervisors and Recognised Training Supervisors from across the country have continued to meet online every few months throughout the year.

Contact with Karuna and dialogue with the Bristol training is continuing, aiming to integrate the supervisory community as a support for the training.

Alastair McNeilage, Clare Layton and Madhu Anhes (Organisers)

8. IT DIRECTOR'S REPORT

The pandemic has forced us as practitioners and us as a Management Committee to work and communicate online. For two years we have worked to enable remote attendance of the AGM and Committee Meetings. Personally, nothing can replace in-person meetings, but Coretalk2020 has enabled us as a community to share resources, training opportunities and to stay in contact with our community.

Anita has been able to invite new members, and Yvonne Parkins and I have been able to moderate posts. There are mistakes occasionally when members intending to communicate privately accidentally communicate to the whole community. Members can search for posts using keywords and use #hashtags to tag and filter posts. Members changing their email addresses are required to change their email address on Coretalk2020, rather than request that Anita, Yvonne or myself change it for them.

The content of the ACPP website has been updated with the change from postal membership applications to online membership applications, payment, and issuing of receipts. This year's applications have shown that members have been more able to access the application process and have been able to change their own password when required. Some members have accidentally selected the option requiring the consideration of their application by the Chair of Ethics. I intend to consult the Management Committee as to whether we include a further step in the process to confirm that they have either a new complaint or criminal conviction. I have worked with Anita to create a Visual Basic Program that works with MS Excel to create a list of members still to purchase membership with their membership category for mail merging into a standard letter. The ability to change the application dates and penalty for standard late fee and the release fee have been added to a table within the back office of the ACPP website.

Rosswell Gadsden
IT Director

9. SECRETARY'S REPORT

One of the roles of ACPP Secretary is booking meeting venues and organising the catering. Since last year, an additional and unwanted role has been cancelling those venues. Being face-to-face for our September Directors' meeting was a real delight, and the decision, after much debate, to hold the AGM online again was not an easy one. We will continue to consider offering hybrid events, although this depends on a few technical issues being addressed.

This year I have amongst other things been involved in rewriting ACPP's Environment Policy and an accompanying statement for the Members' Handbook. I also edited and proofread the Professional Wills policy and by enjoyable contrast the members' contributions to the newsletter, which we hope to repeat next year.

I usually take minutes from meetings too, but am thankful to our brilliant administrator Anita Withers, who does them for the AGM. Thanks also to the other Directors for their ongoing support and collaboration.

Katharine Rider
Secretary

10. OUTREACH OFFICER'S REPORT

This is my 2nd year on the Management Committee. We managed to meet face-to-face once this year which we really appreciated.

The meetings can be filled with policy-type discussion as there is a lot to do to ensure safe and ethical practice in line with all the guidelines etc. This can easily squeeze out time for consideration of other non-policy/management related issues. We have recognised this and hope to attend to it.

This portfolio doesn't have particular responsibilities assigned to it. This year contributions were received that allowed for a community newsletter to be sent out.

We did a SWOT analysis earlier this year and hope to review previous such exercises to see what has changed and what might still need attention.

We try to be mindful of ACPP's role in promoting and organising CPD. We have reviewed the role of ACPP in organising conferences and while this is something that we would like to do, we simply do not have the capacity for this at present. This is a pity.

Together the committee tries to discern how the experience of sangha among practitioners may be strengthened. My sense is that it is through peer groups that most members have this experience – and through the reaccreditation process.

It may be that as the Devon Karuna trainings enter their final year, our community will be in an interesting period of transition which may be creative and stretching for us all.

Susan Groves
Outreach Officer